

## **Yorkshire run riot in the Welsh hills**

### **The 2015 British Inter Counties Fell Championships**

at Betws-y-Coed, North Wales on Saturday 16th May 2015

The popular tourist destination of Betws-y-Coed in North Wales was turned into a mini Yorkshire county for the 18th British Inter Counties Fell Championships, with the white rose flags and running vests everywhere in the Gwydyr Forest trails venue. Yorkshire once again dominated the team awards running away with four team gold and two team silver medals and is still the only county to support these championships every year with a full contingency of athletes.

Last years Yorkshire reserve Jemima Elgood showed her improvement by winning the individual FU16 silver medal behind winner Scarlet Dale of Cumbria and with Yorkshire FU16 champion Erica Byram in fourth and Victoria Merrick in sixth, the team won yet again.

'We arrived at Bewts y Coed with with a couple of hours to spare having set off from Ilkley early that morning. After finding the starting point for the race we walked most of the course. There were some tricky bits going up through the woods, some good trails up at the top and a steep, stoney descent. The under 16's set off with the under 18's and I was so happy to have come home with a silver medal and team gold thanks to Erica and Victoria.' Said Jemima Elgood

Welsh GB athlete Heidi Davies of Brecon AC stormed it to win the FU18 race, Heidi being a non county athlete, meant that the Inter title went to Lizzie Apsley of Greater Manchester. The Tyke girls won team silver medals behind North Wales with twins Lucy and Joanne Williamson in fifth and seventh along with Hannah Thom in ninth, what a great first experience for new recruits Joanne and Hannah it was.

'I have been fell-running since I was seven and I have never really placed particularly high in fell races, so it came as a welcome surprise to be picked to run in the GU18 team at the British Inter Counties. I felt grateful and proud that all my hard work and dedication had finally paid off. So it was with excitement and a little bit of fear that I arrived at Betws-y-coed to represent my county. I felt a great sense of pride stood on the start line with my teammates sporting a brand new blue and white vest, ready to run in what was possibly the best, but scariest fell running experience I had ever had. The race went by in a bit of a blur, but I know it was fast and steep and snaked through the trees. I was overwhelmed by the wonderful Yorkshire support; at every corner on the route there was someone waving that distinctive blue and white flag. This spurred me on and I sprinted to the finish holding off the girl from Greater Manchester who had been threatening to catch me. My aims when I came to Betws-y- coed had been, first, not to come last and second, to enjoy every minute of it. When I crossed the finish line I knew I had completed both those aims and more. I had never expected to win anything so I was surprised and elated to discover that my team had won a silver medal and my friends in the U16's had won a gold. Overall it was a wonderful day the sun was shining and there were medals all round for Yorkshire. I am so proud to have been there on the day when Yorkshire ran riot in the Welsh hills,' said Hannah Thom

In the combined MU16 & MU18 races, Yorkshire won both the team gold medals, in the MU16 's event 2014 and 2015 English champion Joshua Boyle won for Lancashire with Yorkshire champion Nathan Smith finishing in fourth, London Mini Marathon winner Matthew Merrick in fifth and Jimmy Lund in eighth. In the MU18's Ciaren Lewis of South Wales won gold with Jack Hindle the silver for Lancashire and Chris Law of Yorkshire the bronze, but with last years MU16 Inters winner Jack Denton in fourth and Kai Sunman in 11<sup>th</sup>, gold was the team colour again for Yorkshire. The Yorkshire girls and boys smiles never left their faces all the way through the prize presentations and especially when they were awarded the team gold medals. The customary 'Grand Prix' style celebrations added even more to the occasion with all the athletes proudly wearing their Yorkshire vests as the fizz was sprayed everywhere.

'I can remember being involved in sport from an early age. I started out swimming for my local club Stocksbridge when I was four years old and as I progressed I trained more and got involved in more competitions. However, at this point my mum and dad used to run quite a lot and compete in local fell and trail races which I often used to go and watch. I remember how much more fun these races

looked than the swimming galas so I joined up with the running club at Penistone - coached by Ian and Sue Charlesworth - and stopped swimming. I was then trained by my dad on mainly road sessions with the club on Tuesday nights and I ran from home a couple of times a week. I also began competing in the local races and saw a big improvement over the years.

However, I decided after a few years that I needed to join a new club which had more athletes of my own age, because I was running with the Penistone senior group. Holmfirth Harriers was the perfect choice with many of my own age to train and compete with, now my coach Kath Farquhar has brought me on leaps and bounds over the last few years.

The Inter Counties race start was extremely fast and there was so much argy-bargy that some runners to my right were involved in a pile up before they even started running. Thankfully though, the race slowed down as it approached the steep, narrow track and I was just able to nip in front of a large group that had formed just ahead of me. I lost a few places on the climb, but was able to push on when the ground flattened out and took some places here and on the next little climb that followed. I then had a tense descent as I knew that my team mate Jack Denton wasn't far behind me and can be very fast on the downhill sections and I didn't want to relinquish any places in the last few minutes of the race. I also had another tense moment when I slipped and nearly fell over with about 150 metres to go when I was battling for position with an athlete from Cheshire. Fortunately though, I managed to get my act together and held my position to the line. I was then very happy and surprised when I found out that I had won a U18 individual bronze, because we had raced with the U16s and more of them had finished in front of me than U18s,' said bronze medallist Chris Law.

### **Gold medal back to Yorkshire**

26 year old Emma Clayton retained the individual title she last won in 2013 at the Settle Hills race and now joins Victoria Wilkinson with two wins, which makes it now eight times Yorkshire have collected the individual gold medal. English championship race leader Annie Conway and Sarah McCormack both of Cumbria finished with the silver and bronze medals. Pendle Hill and Bunny Run winner Katie Walshaw in her fifth Inters finished fifth, Helen Glover eighth, Becky Penty 14<sup>th</sup> and FU23 Georgia Malir 15<sup>th</sup> for the team to win silver medals behind gold medallists Cumbria. Emma and Helen had the previous weekend competed in the Elite start of the Morrisons Manchester 10k finishing in 33.57 for 12<sup>th</sup> and 36.58 for 18<sup>th</sup> respectively.

'The Inter Counties Fell Running Champs is always a special race and provides an opportunity to wear the mighty blue and white of Yorkshire. 12 months ago it acted as my first race after breaking my foot, so it was nice to see how much had changed in 12 months. For the last few years it has traditionally marked the start of my mountain season, always exciting, especially so in a home World Championships year. Betws-y-coed, hosts of both Inter Counties and the World Champs, is such a beautiful place and the fast flowing course looped through the forests north of the river. It was always going to be a tough fast race and this is how it turned out to be. The aim was to take the first lap relatively easy and then see what was left in the legs. Ultimately, I was delighted to start the mountain season with a win and bring the gold medal back to Yorkshire.

Having seen the team sheets, I knew Cumbria would be the team to beat if we wanted a ladies team gold. Despite some strong performances, the challenge was too great. It was great to see some new faces performing so well across all the teams. Annie Conway has been on fire on the fells so far this year, I was really expecting a strong performance and to push me all the way, she didn't disappoint. It will be great to see her in a GB vest at some point over the summer. Sarah McCormack backed Annie up excellently in third, to no ones surprise having performed at the highest level for Ireland over the last few years. Louise Mercer of Scotland East also had a breakthrough performance, showing great strength on the second lap and provide a boost in confidence ahead of the European Trials.

All in all it was another successful day for Yorkshire with multiple medals across all 4 races,' said champion for the second time Emma Clayton.

In the men's Tom Adams won the individual bronze medal behind Andrew Douglas of Scotland West and Chris Smith of Middlesex, Bunny Run winner Tom now has an impressive record in this

his fifth Inters with ninth, seventh, third, sixth and now third again. 2014 and 2015 Yorkshire champion Ben Mounsey finished seventh chased all the way by 2014 FRA English champion Tom Addison in eighth, Tom obviously still had last weekend's English championship Stretton Six Summits race 6m/3200ft in his legs. Karl Gray finished 16<sup>th</sup> and became the most Yorkshire vested Inters athlete having represented six times now, MU23 Yorkshire champion Tom Saville finished 26<sup>th</sup> overall and proudly collected the individual bronze medal. All these excellent results meant that the men won the team gold medals for the seventh time.

Betws-y-Coed will host a week long festival of mountain running in September which will include the World Mountain Running Championships, the World Masters, open races and school events.

### FU16 (\$=non-counter)

1	2	Scarlet Dale	Cumbria	21:57
<b>2</b>	<b>9</b>	<b>Jemima Elgood</b>	<b>Yorkshire</b>	<b>22:09</b>
3	3	Helen Thornhill	Derbyshire	22:58
<b>4</b>	<b>8</b>	<b>Erica Byram</b>	<b>Yorkshire</b>	<b>23:09</b>
5	15	Lily McGuinness	Gtr Manchester	24:01
<b>6</b>	<b>10</b>	<b>Victoria Merrick</b>	<b>Yorkshire</b>	<b>24:09</b>
7	7	Holly Roberts	North Wales	24:32
8	1	Imogen Burrow	Cumbria	24:40
9	13	Shauna Williamson	Lancashire	24:51
10	6	Annabelle McQueen	North Wales	25:01
11	5	Heather Corden	Gtr Manchester	25:15
12	12	Alice Pier	Lancashire	26:05
13	4	Rachel Bailey	Gtr Manchester	26:17
14	14	\$Catrib Donnelly	Menai Track & Field	26:53
15	11	Sarah Longshaw	Lancashire	27:31

<b>1</b>	<b>Yorkshire</b>	<b>6</b>
		<b>2 Jemima Elgood</b>
		<b>4 Erica Byram</b>
2	Cumbria	9
		1 Scarlet Dale
		8 Imogen Burrow
3	Gtr Manchester	16
		5 Lily McGuinness
		11 Heather Corden
4	North Wales	17
		7 Holly Roberts
		10 Annabelle McQueen
5	Lancashire	21
		9 Shauna Williamson
		12 Alice Pier

### FU18 (\$=non-counter)

1	113	\$Heidi Davies	Brecon	20:48
2	105	Elizabeth Apsley	Gtr Manchester	22:47
3	108	Bronwen Jenkinson	North Wales	23:42
4	107	Mollie Davies	North Wales	24:12
5	104	Jennifer Willison	Derbyshire	24:15
<b>6</b>	<b>112</b>	<b>Lucy Williamson</b>	<b>Yorkshire</b>	<b>24:36</b>
7	102	Katie Clarke	Cheshire	24:56
<b>8</b>	<b>111</b>	<b>Joanne Williamson</b>	<b>Yorkshire</b>	<b>26:17</b>
9	101	Chloe Broad	Cheshire	27:09
<b>10</b>	<b>110</b>	<b>Hannah Thom</b>	<b>Yorkshire</b>	<b>27:51</b>
11	103	Sophie Quince	Derbyshire	27:57
12	106	Katie Oakley	Gtr Manchester	28:08
13	109	Lowri Jones	North Wales	28:20

1	North Wales	5
		2 Bronwen Jenkinson
		3 Mollie Davies
<b>2</b>	<b>Yorkshire</b>	<b>12</b>
		<b>5 Lucy Williamson</b>
		<b>7 Joanne Williamson</b>
3	Gtr Manchester	12
		1 Elizabeth Apsley
		11 Katie Oakley
4	Cheshire	14
		6 Katie Clarke
		8 Chloe Broad
5	Derbyshire	14
		4 Jennifer Willison
		10 Sophie Quince

### MU16 (\$=non-counter)

1	58	Joshua Boyle	Lancashire	18:33
2	70	Matthew Willis	North Wales	18:45
3	54	Elliott Matier	Cumbria	19:09
<b>4</b>	<b>66</b>	<b>Nathan Smith</b>	<b>Yorkshire</b>	<b>19:24</b>
<b>5</b>	<b>65</b>	<b>Matthew Merrick</b>	<b>Yorkshire</b>	<b>19:29</b>
6	52	Christopher Larkin	Cheshire	19:36
7	68	\$Luke Davies	Brecon	19:48
<b>8</b>	<b>64</b>	<b>James Lund</b>	<b>Yorkshire</b>	<b>20:01</b>
9	62	Ryan Cain	North Wales	20:06
10	53	Joe Dugdale	Cumbria	20:08
11	63	Keayrn Hopley	Staffordshire	20:27
12	55	L ForshawPerring	Derbyshire	20:37
13	72	\$Steffan Williams	Eryri Harriers	21:24
14	56	Joe Uprichard	Derbyshire	21:29
15	60	Curtis Holt	Lancashire	21:38
16	69	Joe Edmondson	Cumbria	21:41
17	57	Luke Massey	Gtr Manchester	21:46
18	73	Kieran Forrest	North Wales	21:46
19	59	Ryan Clarke	Lancashire	23:05
20	74	Sian Jones	North Wales	23:12
21	51	Thomas Adkins	Cheshire	23:14
22	71	\$Joe Starling	Mercia Fell Runners	23:37
23	67	Ryan Hodgkiss	Staffordshire	25:40

<b>1</b>	<b>Yorkshire</b>	<b>9</b>
		<b>4 Nathan Smith</b>
		<b>5 Matthew Merrick</b>
2	North Wales	10
		2 Matthew Willis
		8 Ryan Cain
3	Cumbria	12
		3 Elliott Matier
		9 Joe Dugdale
4	Lancashire	14
		1 Joshua Boyle
		13 Curtis Holt
5	Derbyshire	23
		11 L ForshawPerring
		12 Joe Uprichard
6	Cheshire	25
		6 Christopher Larkin
		19 Thomas Adkins
7	Staffordshire	30
		10 Keayrn Hopley
		20 Ryan Hodgkiss

## MU18 (\$=non-counter)

1	157	Ciaran Lewis	South Wales	18:23
2	163	Jack Hindle	Lancashire	19:14
<b>3</b>	<b>159</b>	<b>Chris Law</b>	<b>Yorkshire</b>	<b>19:34</b>
<b>4</b>	<b>158</b>	<b>Jack Denton</b>	<b>Yorkshire</b>	<b>19:35</b>
5	166	Jamie Ward	Staffordshire	19:51
6	164	Jordan McDonald	Lancashire	19:57
7	151	George SmedleyCastle	Derbyshire	20:05
8	154	Cai Linton	North Wales	20:05
9	162	Callum Davidson	Lancashire	20:36
10	168	\$Gavin Bryson	Gala Harriers	20:39
11	167	Euan Nicholls	Kent	20:44
<b>12</b>	<b>160</b>	<b>Kai Sunman</b>	<b>Yorkshire</b>	<b>21:03</b>
13	165	\$Billy Starling	Mercia Fell Runners	21:05
14	153	Callum Seymour	Merseyside	21:22
15	152	Matthew Sutton	Gtr Manchester	21:45
16	156	Sam Curwen	South Wales	23:40
17	155	Martin Finne	North Wales	25:24

### 1 Yorkshire

7

**3 Chris Law**

**4 Jack Denton**

8

2 Jack Hindle

6 Jordan McDonald

15

1 Ciaran Lewis

14 Sam Curwen

23

8 Cai Linton

15 Martin Finne

### 4 North Wales

## Senior Ladies (\$=non-counter)

<b>1</b>	<b>242</b>	<b>Emma Clayton</b>	<b>Yorkshire</b>	<b>40:29</b>
2	206	Annie Conway	Cumbria	40:35
3	209	Sarah McCormack	Cumbria	41:05
4	229	Louise Mercer	U23 1 Scotland East	41:12
<b>5</b>	<b>245</b>	<b>Katie Walshaw</b>	<b>Yorkshire</b>	<b>41:21</b>
6	401	\$Rebecca Hilland	Team Bath	41:27
7	248	Lindsey Brindle	Lancashire	42:25
8	208	Anna Lupton	Cumbria	43:17
<b>9</b>	<b>246</b>	<b>Helen Glover</b>	<b>Yorkshire</b>	<b>43:29</b>
10	231	Georgia Tindley	U23 2 Scotland East	43:41
11	228	Sophie Horrock	U23 3 Scotland East	43:44
12	239	Emma Gould	Warwickshire	44:16
13	207	Heidi Dent	Cumbria	44:21
14	251	Helen Leigh	Lancashire	44:39
<b>15</b>	<b>244</b>	<b>Becky Penty</b>	<b>Yorkshire</b>	<b>44:44</b>
<b>16</b>	<b>243</b>	<b>Georgia Malir</b>	<b>U23 4 Yorkshire</b>	<b>45:29</b>
17	234	Katie Beecher	South Wales	45:44
18	210	Christina Wiejak	Cumbria	46:25
19	250	Nicola Jackson	U23 5 Lancashire	46:32
20	223	Shileen O'Kane	L45 1 Northern Ireland	46:33
21	252	Joanne Nelson	Lancashire	46:53
22	232	Joanna Zakrzewski	Scotland West	46:57
23	220	Andrea Rowlands	L40 1 North Wales	47:01
24	238	Andrea Deathridge	L40 2 Warwickshire	48:10
25	405	\$Zanthe Wray	Dark Peak	48:15
26	201	Laura Bestow	Cheshire	48:38
27	247	Sally Ratcliffe	U23 6 Gtr Manchester	48:41
28	235	Clara Evans	U23 7 South Wales	48:43

29	241	Marie Voice		Warwickshire	49:02
30	213	Lisa Grantham	L40	3 Merseyside	49:29
31	214	Emily Kearney	U23	8 Merseyside	49:31
32	237	Rachel Pilling		Staffordshire	49:54
33	249	Christina Singleton	U23	9 Lancashire	50:17
34	225	Hannah Hardy		Nottinghamshire	51:14
35	205	Louisa Harrison		Cheshire	51:21
36	218	Jenny Hemming	L40	4 North Wales	51:30
37	236	Amy Jones		South Wales	52:07
38	215	Sarah Kearney	L40	5 Merseyside	52:11
39	221	Hazel McLaughlin	L40	6 Northern Ireland	52:19
40	216	Anne Rosbottom	L40	7 Merseyside	52:28
41	219	Megam Hughes	L40	8 North Wales	52:37
42	233	Lucy Baker		South Wales	52:47
43	240	Elouise Lee		Warwickshire	52:47
44	227	Amelia Mitchel	U23	10 Nottinghamshire	53:26
45	404	\$Natalie Greaves		Unattached	54:21
46	204	Karon Forster	L50	1 Cheshire	55:31
47	222	San McNeilly		Northern Ireland	55:34
48	217	Louise EmeryJones		North Wales	56:37
49	212	Caroline Scott	L40	9 Derbyshire	57:38
50	202	Lucy Burch	U23	11 Cheshire	1:01:41
1	Cumbria			12	
				2 Annie Conway	
				3 Sarah McCormack	
				7 Anna Lupton	
2	Yorkshire			14	
				1 Emma Clayton	
				5 Katie Walshaw	
				8 Helen Glover	
3	Scotland East			23	
				4 Louise Mercer	
				9 Georgia Tindley	
				10 Sophie Horrock	
4	Lancashire			37	
				6 Lindsey Brindle	
				13 Helen Leigh	
				18 Nicola Jackson	
5	Warwickshire			61	
				11 Emma Gould	
				23 Andrea Deathridge	
				27 Marie Voice	
6	South Wales			77	
				16 Katie Beecher	
				26 Clara Evans	
				35 Amy Jones	
7	Merseyside			93	
				28 Lisa Grantham	
				29 Emily Kearney	
				36 Sarah Kearney	
8	North Wales			95	
				22 Andrea Rowlands	
				34 Jenny Hemming	
				39 Megam Hughes	
9	Cheshire			100	
				24 Laura Bestow	
				33 Louisa Harrison	
				43 Karon Forster	
10	Northern Ireland			100	
				19 Shileen O'Kane	
				37 Hazel McLaughlin	
				44 San McNeilly	

## Senior Men - (\$=non-counter)

1	367	Andrew Douglas		Scotland West	45:26
2	341	Chris Smith		Middlesex	46:15
<b>3</b>	<b>385</b>	<b>Tom Adams</b>		<b>Yorkshire</b>	<b>47:14</b>
4	301	Owain Jones		Avon & Somerset	47:28
5	394	Gary Priestley		Lancashire	47:33
6	377	Simon Bailey		Staffordshire	47:40
<b>7</b>	<b>387</b>	<b>Ben Mounsey</b>		<b>Yorkshire</b>	<b>47:44</b>
<b>8</b>	<b>386</b>	<b>Tom Addison</b>		<b>Yorkshire</b>	<b>48:27</b>
9	364	Tom Martyn		Scotland East	48:29
10	362	Andy Fallas		Scotland East	48:37
11	355	Gavin Mulholland	V40	1 Northern Ireland	48:44
12	395	Maximilion Nicholls	U23	1 Kent	48:48
13	325	Chris Farrell		Gtr Manchester	48:51
14	329	Ady Whitwam	V40	2 Herefordshire	49:04
15	368	Iain MacCorquodale		Scotland West	49:38
<b>16</b>	<b>388</b>	<b>Karl Grey</b>	<b>V45</b>	<b>1 Yorkshire</b>	<b>49:52</b>
17	406	\$Neil Northop		Dark Peak	49:59
18	363	Andrew Lawler	U23	2 Scotland East	50:08
19	303	Matt Whitfield		Avon & Somerset	50:09
20	316	Stuart Bond		Derbyshire	50:16
21	342	Carl Avery		North East	50:26
22	334	Richard Burney		Merseyside	50:37
23	324	Michael Cayton		Gtr Manchester	50:48
24	366	Gwyn Bellamy		Scotland West	51:00
25	373	Harry Jones		South Wales	51:20
26	378	Rob Little		Staffordshire	51:21
<b>27</b>	<b>389</b>	<b>Tom Saville</b>	<b>U23</b>	<b>3 Yorkshire</b>	<b>51:28</b>
28	365	Ben Stevenson	U23	4 Scotland East	52:01
29	308	Andrew Lamont		Cheshire	52:03
30	353	Allan Bogle		Northern Ireland	52:10
31	393	Christopr Holdsworth		Lancashire	52:11
32	347	Russell Bentley		North Wales	52:12
33	379	Matt Lockyer		Staffordshire	52:17
34	352	Andrew Annett	U23	5 Northern Ireland	52:19
35	333	Jason Williams	V40	3 Leicestershire	52:33
36	344	Jordan Bell	U23	6 North East	52:43
37	302	Felix McGrath	U23	7 Avon & Somerset	53:14
38	336	Rob Grantham	V40	4 Merseyside	53:50
39	383	Philli[ Gould		Warwickshire	53:51
40	382	Matthew Elkington	U23	8 Warwickshire	53:58
41	338	Philip Robertson	U23	9 Merseyside	54:16
42	315	Nicholas Barber	V40	5 Derbyshire	54:18
43	391	Chris Singleton		Lancashire	54:19
44	346	Iain Twaddle	V45	2 North East	54:23
45	361	James Espie		Scotland North	54:26
46	317	Stefan Bramwell	V40	6 Derbyshire	54:30
47	350	Jez Brown		North Wales	54:41
48	369	Kenny Richmond	V45	3 Scotland West	55:07
49	305	Max Wainwright		Cheshire	55:11
50	326	Paul Massey		Gtr Manchester	55:12
51	310	John Deegan	V45	4 Cumbria	55:17
52	337	John Hunt	V45	5 Merseyside	55:20
53	318	Ian Mills		Derbyshire	55:27
54	359	Graham Moffatt	V45	6 Nottinghamshire	55:35
55	319	Neil Barkell		Devon	55:39
56	331	Josh Hubbard		Leicestershire	55:48
57	354	Paul McAnespie	V40	7 Northern Ireland	55:55
58	375	Dan Brazier		Staffordshire	56:33
59	349	John Parkinson	V45	7 North Wales	56:37
60	323	John Yells		Devon	56:38
61	351	Owen Roberts	U23	10 North Wales	56:39
62	322	Christian Hewitt	U23	11 Devon	57:30

63	358	Luke Marshall		Nottinghamshire	57:32
64	311	Dave Fulford		Cumbria	57:34
65	408	\$Simon Lanckham		Bromsgrove & Redditch	57:36
66	345	Gary Robson	V45	8 North East	58:08
67	307	Tom McGaff	V60	1 Cheshire	58:12
68	314	James Turner		Cumbria	58:14
69	332	Mark Lambell		Leicestershire	58:20
70	312	Gavin Lloyd	U23	12 Cumbria	58:22
71	309	Karl Steinegger		Cheshire	58:36
72	371	Gavin Gates		South Wales	58:59
73	327	Dave Marsh		Gtr Manchester	59:29
74	321	Allister Bristow	V40	8 Devon	59:32
75	403	\$Craig Burrow		Unattached	59:47
76	384	Pete Matthews		Warwickshire	1:00:02
77	360	Anthony Squire		Nottinghamshire	1:01:39
78	402	\$Dag Hilland		Unattached	1:02:42
79	370	Daniel Bodman		South Wales	1:03:36
80	357	Paul Grogan	V50	1 Nottinghamshire	1:04:05
81	410	\$Mat Fenwick		Unattached	1:04:06
82	407	\$Graham Pilling		Pudsey & Bramley	1:05:14
83	381	Ben Beaumont		Warwickshire	1:05:38
84	320	Richard Best	V50	2 Devon	1:08:25
85	372	Paul Graham		South Wales	1:11:36
86	328	Kevin Barnes	V50	3 Herefordshire	1:29:05
87	380	Sean O'Halloran		Suffolk	1:44:02

# 1 Yorkshire

18

3 Tom Adams

7 Ben Mounsey

8 Tom Addison

36

9 Tom Martyn

10 Andy Fallas

17 Andrew Lawler

39

1 Andrew Douglas

15 Iain MacCorquodale

23 Gwyn Bellamy

58

4 Owain Jones

18 Matt Whitfield

36 Felix McGrath

63

6 Simon Bailey

25 Rob Little

32 Matt Lockyer

73

11 Gavin Mulholland

29 Allan Bogle

33 Andrew Annett

77

5 Gary Priestley

30 Christopr Holdsworth

42 Chris Singleton

84

13 Chris Farrell

22 Michael Cayton

49 Paul Massey

98

21 Richard Burney

37 Rob Grantham

40 Philip Robertson

98

10 North East



	20	Carl Avery
	35	Jordan Bell
	43	Iain Twaddle
11		105
	19	Stuart Bond
	41	Nicholas Barber
	45	Stefan Bramwell
12		135
	31	Russell Bentley
	46	Jez Brown
	58	John Parkinson
13		141
	28	Andrew Lamont
	48	Max Wainwright
	65	Tom McGaff
14		150
	38	Philli[ Gould
	39	Matthew Elkington
	73	Pete Matthews
15		156
	34	Jason Williams
	55	Josh Hubbard
	67	Mark Lambell
16		169
	24	Harry Jones
	70	Gavin Gates
	75	Daniel Bodman
17		174
	54	Neil Barkell
	59	John Yells
	61	Christian Hewitt
18		179
	50	John Deegan
	63	Dave Fulford
	66	James Turner
19		189
	53	Graham Moffatt
	62	Luke Marshall
	74	Anthony Squire